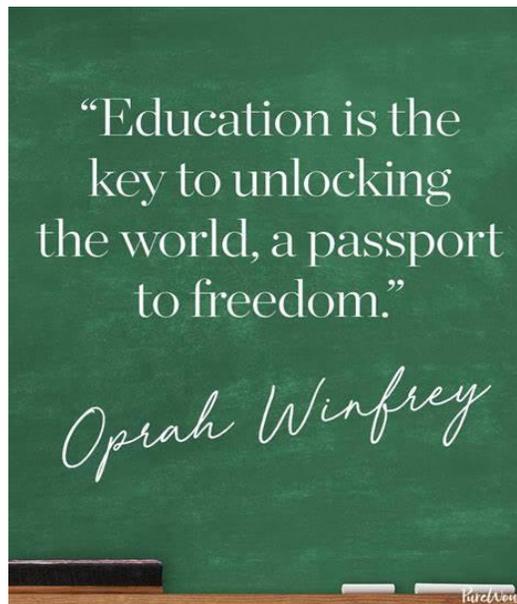
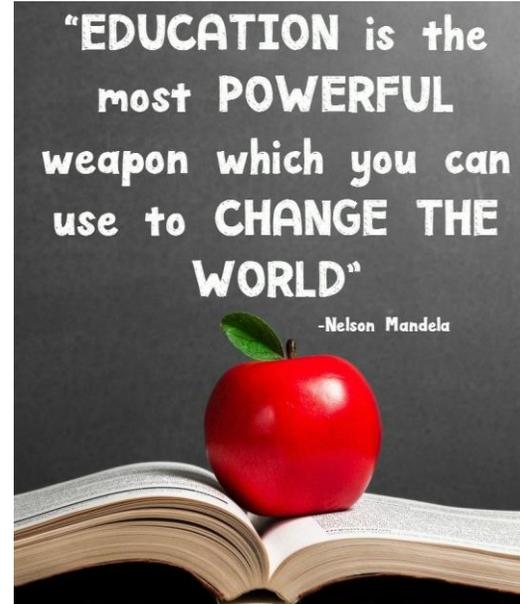


IT'S NOT ABOUT
BEING THE BEST,
IT'S ABOUT
BEING BETTER
THAN YOU WERE
YESTERDAY



Making effective flashcards

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Why should I make flashcards?

01

Aids active recall of key information

02

Encourages spaced repetition

03

Condenses information into bite-sized chunks

04

Provides a structured way to review material

8 RULES

For Making

And Studying

FLASH CARDS



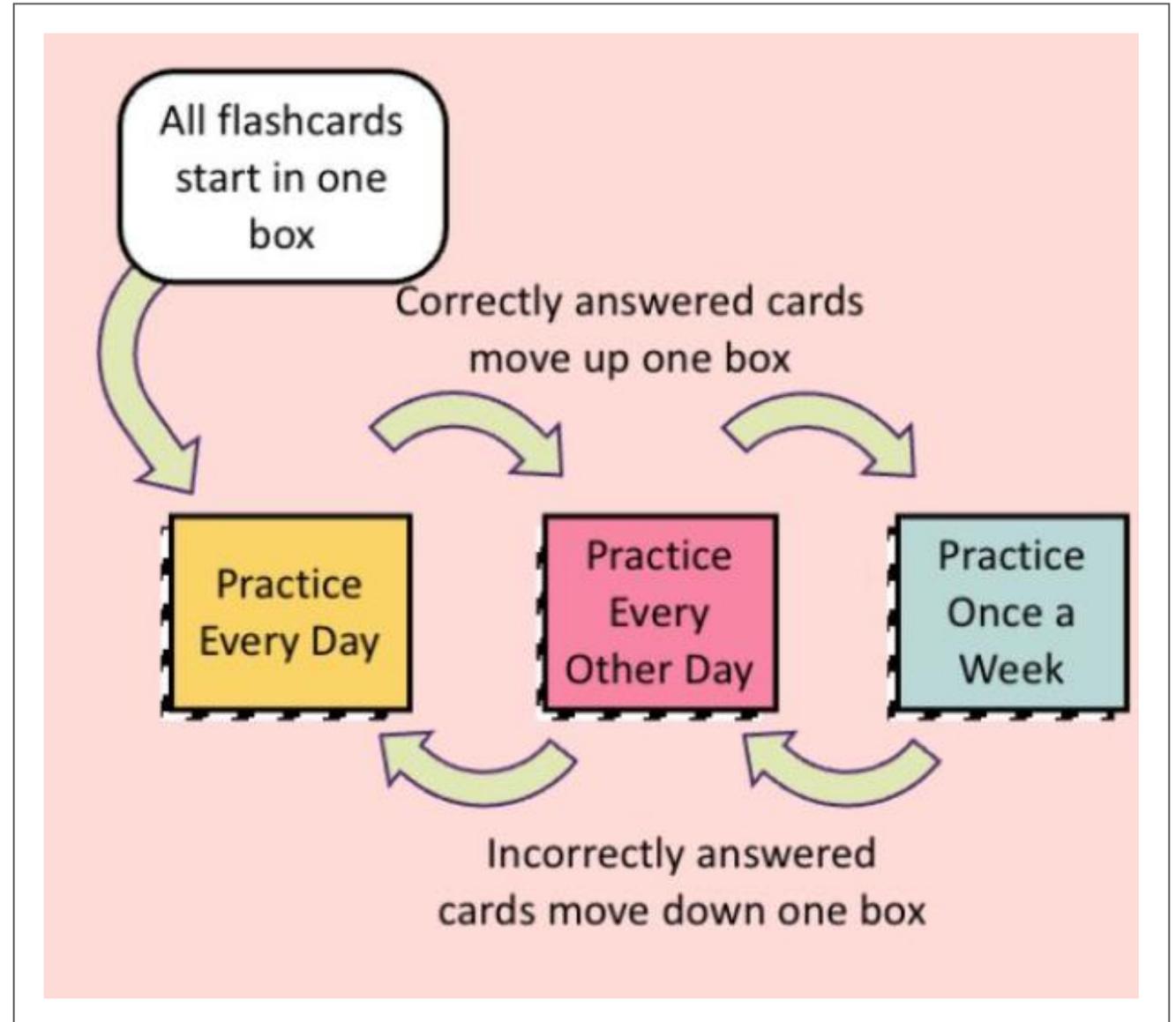
Watch this video about top tips for making flashcards:

[How to Study Effectively with Flash Cards - College Info Geek \(youtube.com\)](https://www.youtube.com/watch?v=...)

The Leitner System for Flashcards

The Leitner system is a useful technique when using Flashcards. It allows you to employ spaced practice and self-testing.

1. Place all flashcards in one box or pile.
2. Correctly answered flashcards move up one. Incorrectly answered flashcards move down.
3. Each box is reviewed at different stages, resulting in correctly answered cards not being reviewed as often, whilst incorrect ones are frequently reviewed.





Now have a go at making your own flashcards