



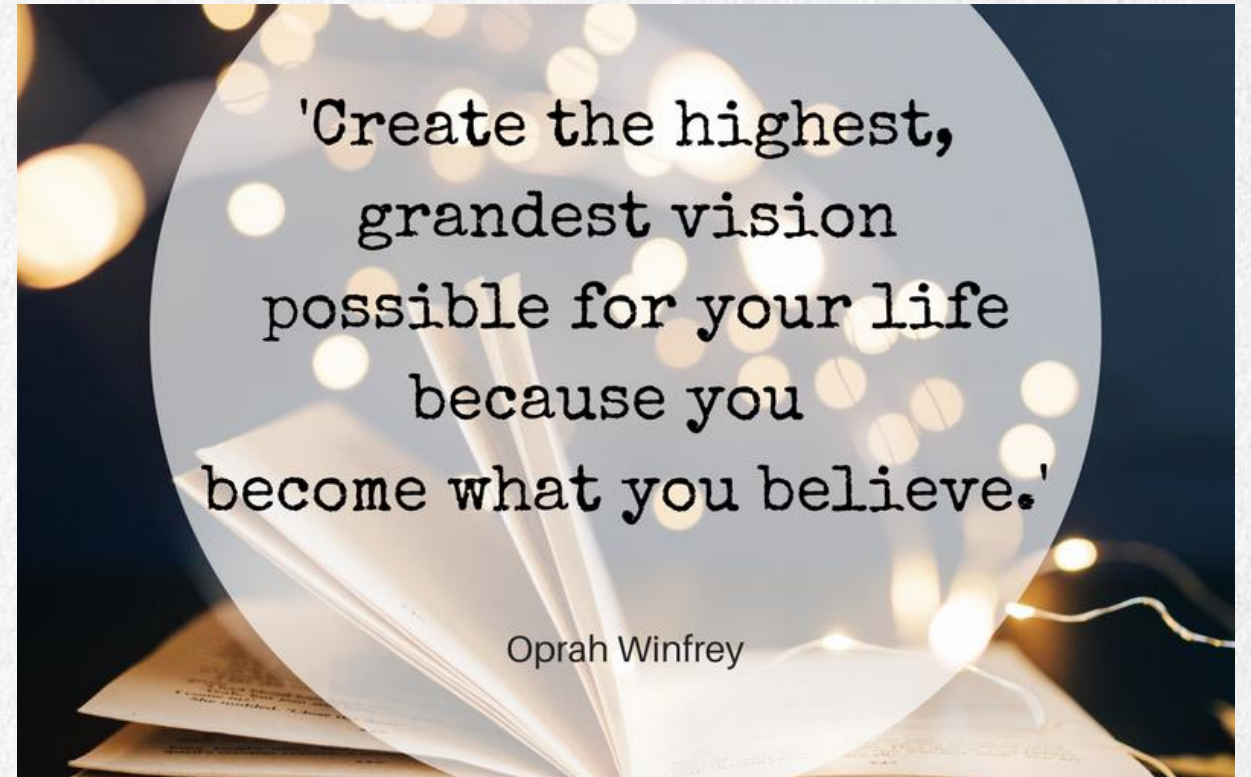
Motivational Monday

NCW 2024

Today's session asks you to explore your career motivations and the jobs you think you'd enjoy.

It as an opportunity to consider:

What do you want your future career to look like?



How do I find a job I'll enjoy?

Activity – Video

As you watch the video, consider what is important for you in a future career.



What is important to you for your future?

Activity – Prioritising

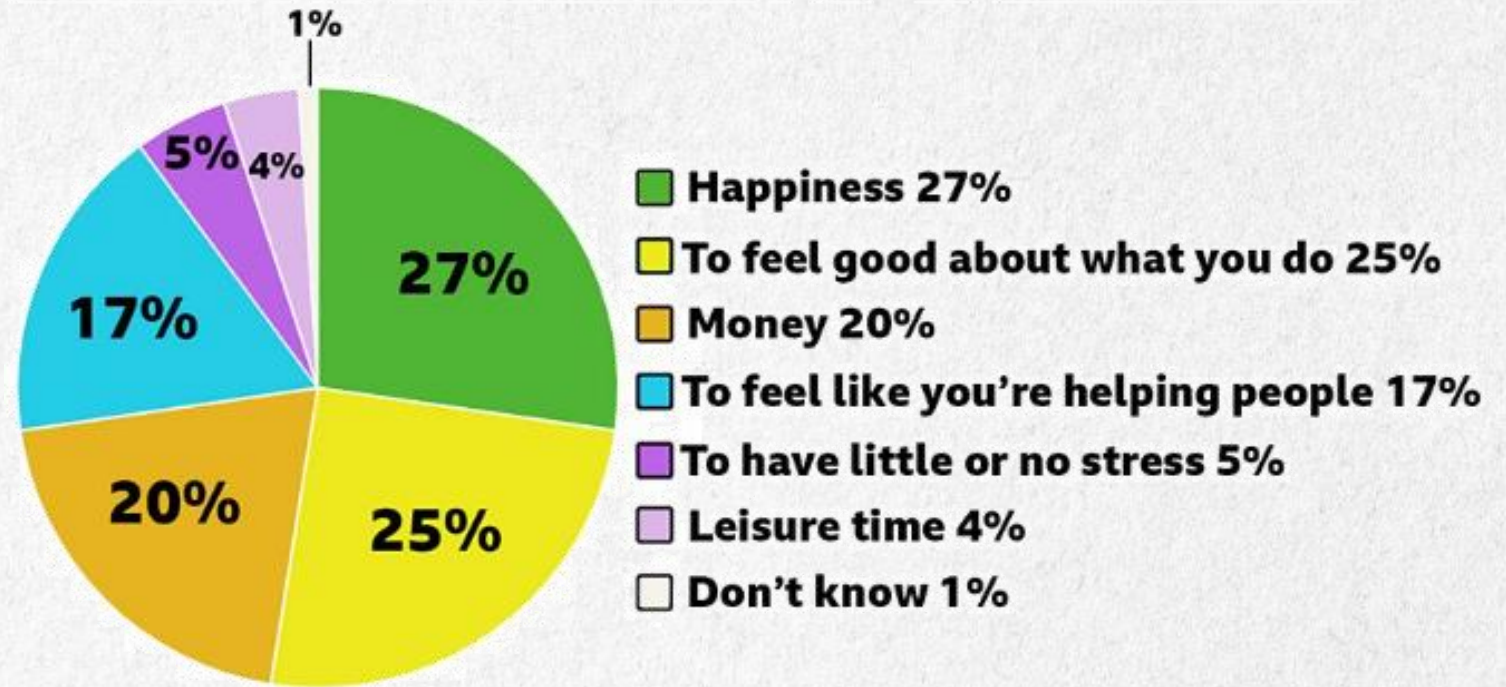
At any point in your future, it is important to consider and reevaluate your priorities within a career.

Prioritise the options to show what is most important to you for your future career,

- Happiness
- Enjoying what you do
- Money
- Sense of helping others
- Having little/no stress
- Leisure time
- Promotions
- Developing your skills

What is important to you for your future?

The BBC conducted a survey of 4,000 13-16-year-olds last month. As part of the survey they were asked what was important for their future and the results showed that happiness was at the top.



What do I want from my career?

Activity – Statement Sort

Consider the different features of careers and sort them into your top 3:

- ✓ Must-haves
- X Non-essentials

Step-up: Are there any other options you would add to your list? Why?

Colleagues

Flexibility

Rewards

Travel

Financial security

Sense of purpose

Teamwork

Challenge

Influence

Creativity

Working outdoors

Independence

Work-life balance

How can you find out about possible careers?

Activity – Discussion

Who could you
talk to?

Which websites
could you visit?

What else could
you do?

To find out more ...

