## THE REFECTORY

## WEEKLY MENU (WEEK 1)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| MAIN MEAL |  |  |  |  |
| Traditional Mac \& Cheese served with Peas or Side Salad | Broccoli Pasta Bake served with side salad | Vegetable Hotpot served with mixed seasonal veg | Pea Risotto served with a Garlic Slice | Quesadilla Pie served with Salsa |
| PASTA \& JACKETS with TOPPING |  |  |  |  |
| 5 a Day Homemade Roasted Pepper and Vegetable Sauce | Cheese Sauce | Tomato and Mascarpone | Creamy Mushroom | 5 a Day Homemade Roasted Pepper and Vegetable Sauce |
| Mixed Three Cheese | Mixed Three Cheese | Mixed Three Cheese | Mixed Three Cheese | Mixed Three Cheese |
| STREET GRAB \& GO |  |  |  |  |
| Uncle Johns American Hot Dog | Light \& Flaky Pastry Sausage Roll | Farmstead 100\% Beef Cheeseburger | Phats Spicy Mexican Bean Roll | Bacon in a soft deli sub |
| Large Potato Waffle | Indian Selection | Paprika Seasoned Potato Wedges | Crispy Hash Browns | Dirty Fries |
| FILLED PITTA / FLAT / SPECIALITY BREAD \& ROLLS |  |  |  |  |
| Hot Filled Wrap | Filled Mezzaluna | Hot Sub | Savoury English Muffin | Panini Selection |
| PIZZA \& PIZZA SLICE |  |  |  |  |
| BBQ Chicken | Chicago Town Pizza | Mighty Meaty | Pizza Twist | Pepperoni |
| A SELECTION OF COLD DELI ITEMS ARE AVAILABLE DAILY <br> These menus are subject to change at short notice. Whilst every effort will be made to update menu changes on the website, this may not always be possible. |  |  |  |  |

## THE REFECTORY

WEEKLY MENU (WEEK 2)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| MAIN MEAL |  |  |  |  |
| Pork \& Beef Sausages served with fluffy Mash Potato Peas or Baked Beans | Sweet Potato \& Lentil Curry served with Rice | Mediterranean Tuna, Peppers \& Courgette tart served with side salad | Root Vegetable Jambalaya served with Side Salad | Mac n Cheese served with a garlic slice |
| PASTA \& JACKETS with TOPPING |  |  |  |  |
| 5 a Day Roasted Pepper and Vegetable Sauce | Tomato Salsa | Sweet \& Sour Sauce | Vegetable Chilli | Chef Choice Curry Sauce |
| Mixed Three Cheese | Mixed Three Cheese | Mixed Three Cheese | Mixed Three Cheese | Mixed Three Cheese |
| STREET GRAB \& GO |  |  |  |  |
| Golden Breaded Halloumi Fries | Flaky Pastry Bacon Puff | Stand \& Stuff Loaded Tortillas | Chicken Burger in a Sourdough Bun | Sticky BBQ Chicken Wings |
| Crispy Hash Browns | Seasoned Skinny Fries | Coated Potato Wedges | Large Potato Waffle | Cheesy Chips |
| FILLED PITTA / FLAT / SPECIALITY BREAD \& ROLLS |  |  |  |  |
| Panini Selection | Asian Inspired Filled Flat Bread | Meatball Sub | Real Wrap Panini selection | Bacon Ciabatta Melt |
| PIZZA \& PIZZA SLICE |  |  |  |  |
| Pepperoni | BBQ Beef | Pizzini | Hawaiian | Three Cheese \& Red Onion |
| A SELECTION OF COLD DELI ITEMS ARE AVAILABLE DAILY <br> These menus are subject to change at short notice. Whilst every effort will be made to update menu changes on the website, this may not always be possible. |  |  |  |  |

