

# Welcome

## Parent and Carer Information and Q&A Session

DofE South East Regional Team



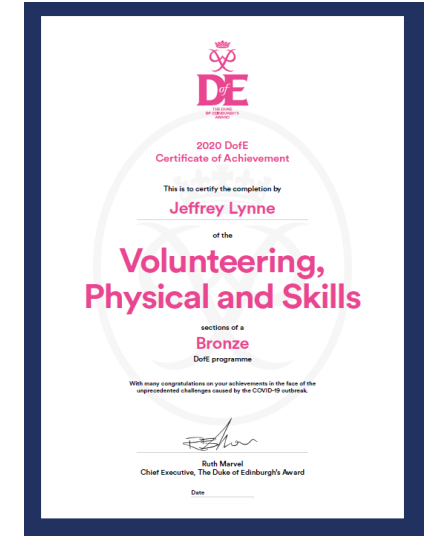
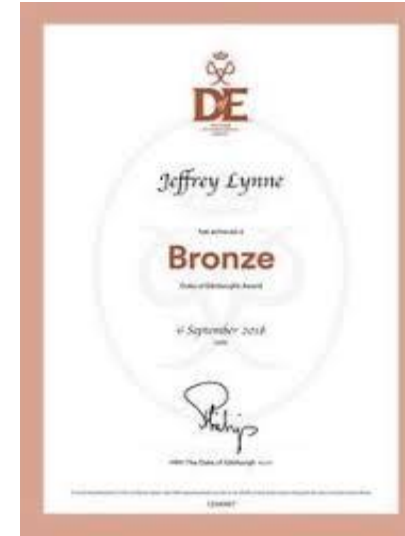
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LIMITS**



# The DofE

## Our mission

To inspire, guide and support young people in their self-development and recognise their achievements.



## Our Guiding Principles

**Non-competitive**

**Voluntary**

**Personal development**

**Personalised**

**Balanced**

**Progressive**

**Achievement focused**

**Demand Commitment**

**Enjoyable**

**Achievable by all**

# What is involved?

| BRONZE AWARD  |                    |                    |                   |
|---|--------------------|--------------------|-------------------|
| VOLUNTEERING  | PHYSICAL           | SKILLS             | EXPEDITION        |
| <b>3</b><br>months  | <b>3</b><br>months | <b>3</b><br>months | 2 days<br>1 night |
| Plus a further 3 months in either the Volunteering, Physical or Skills section. |                    |                    |                   |

| SILVER AWARD   |                                |                                |                    |
|--|--------------------------------|--------------------------------|--------------------|
| VOLUNTEERING   | PHYSICAL                       | SKILLS                         | EXPEDITION         |
| <b>6</b><br>months   | <b>6</b> OR <b>3</b><br>months | <b>6</b> OR <b>3</b><br>months | 3 days<br>2 nights |
| Physical and Skills sections: one section for 6 months and the other section for 3 months  |                                |                                |                    |
| If you didn't do BRONZE, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections. |                                |                                |                    |

| GOLD AWARD   |                                 |                                 |                    |                    |
|--|---------------------------------|---------------------------------|--------------------|--------------------|
| VOLUNTEERING   | PHYSICAL                        | SKILLS                          | EXPEDITION         | RESIDENTIAL        |
| <b>12</b><br>months  | <b>12</b> OR <b>6</b><br>months | <b>12</b> OR <b>6</b><br>months | 4 days<br>3 nights | 5 days<br>4 nights |
| Physical and Skills sections: one section for 12 months and the other section for 6 months   |                                 |                                 |                    |                    |
| If you didn't do SILVER, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections. |                                 |                                 |                    |                    |

# What is involved?



- There is a **huge choice** of activities that count towards a DofE programme.
- Activities could be something they are already doing or completely new.
- All activities must be **outside of normal school curriculum**. Lunch and after school clubs & activities can count.
- The activity should be done for **approximately an hour a week**.
- **Participants need to have an assessor** for each section of the award who has expertise or knowledge in the activity, but **cannot be a relative**.

# Volunteering

**It's about choosing to give time to something useful, without getting paid.**

- Raise money for a local charity.
- Opportunities within the local community (local papers/Social media). Is there a community organisation or individual that needs support? e.g. Helping an elderly neighbour / litter picking / community run shop or café.
- Skype talk / facetime / WhatsApp/ Zoom call to an elderly relative or neighbour to prevent them from feeling isolated.
- Helping at school library or clubs.

***\*Unfortunately volunteering at commercial businesses cannot be accepted***



# Physical



**Being active, anything that requires a sustained level of physical energy and involves doing an activity**

- Walking in the local area
- Fitness challenges
- Couch to 5k
- Online Yoga/Pilates
- YouTube fitness video
- Circuit training at home
- Individual or team sports



# Skill

To develop practical and social skills and personal interests by developing a new skill or improving an existing one

- Complete an online course
- Learn to play an instrument
- Coding
- Photography
- Cooking
- Sign language
- Studying religious text
- Learning first aid
- Gardening
- Magic tricks
- Research family tree
- Painting, drawing or model making
- Extra-curricular languages
- Coaching





# Expedition

Exploring the countryside and camping under the stars in small groups. During the expedition they will be unaccompanied and self-sufficient learning valuable life skills such as teamwork, leadership and resilience.

| Level  | Training  | Duration                   |                    | Minimum hours of planned activity each day   |
|--------|---|----------------------------|--------------------|--|
|        |   | Practice                   | Qualifying         |  |
| Bronze | Including.... Camp craft Map Skills, First Aid, |                            | 2 days and 1 night | At least 6 hours during the daytime (at least 3 of which must be spent journeying)   |
| Silver | Including.... Camp craft Map Skills, First Aid, | Minimum 2 days and 2 night | 3 days and 2 night | At least 7 hours during the daytime (at least 3.5 of which must be spent journeying) |
| Gold   | Including.... Camp craft Map Skills, First Aid, | Minimum 2 days and 2 night | 4 days and 3 night | At least 8 hours during the daytime (at least 4 of which must be spent journeying)   |

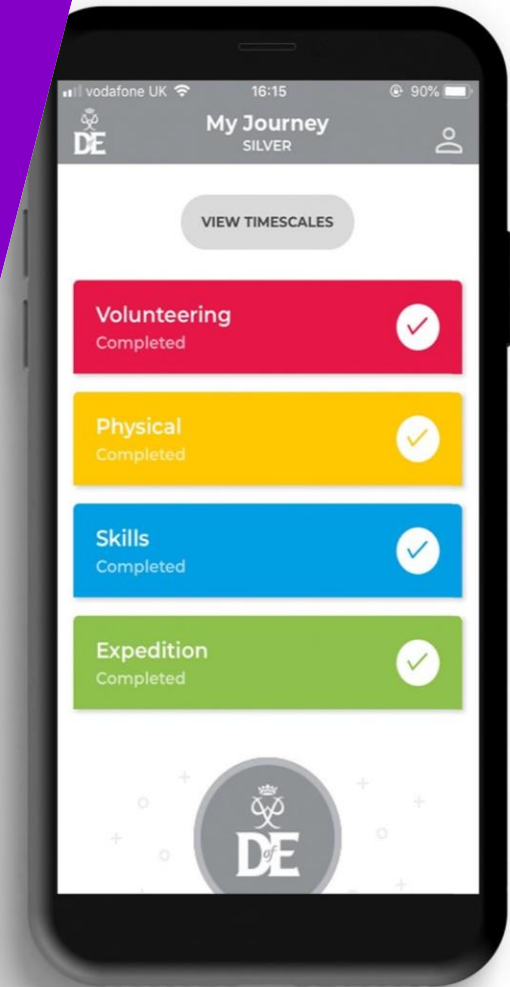
## DofE Expedition Kit

Get prepared for expedition season. The DofE builds great partnerships with expert kit suppliers and manufacturers so we can recommend kit suitable for DofE expeditions.

[DOWNLOAD THE DOFE EXPEDITION KIT LIST](#)

# Getting Started

Welcome Packs, eDofE and the DofE Card



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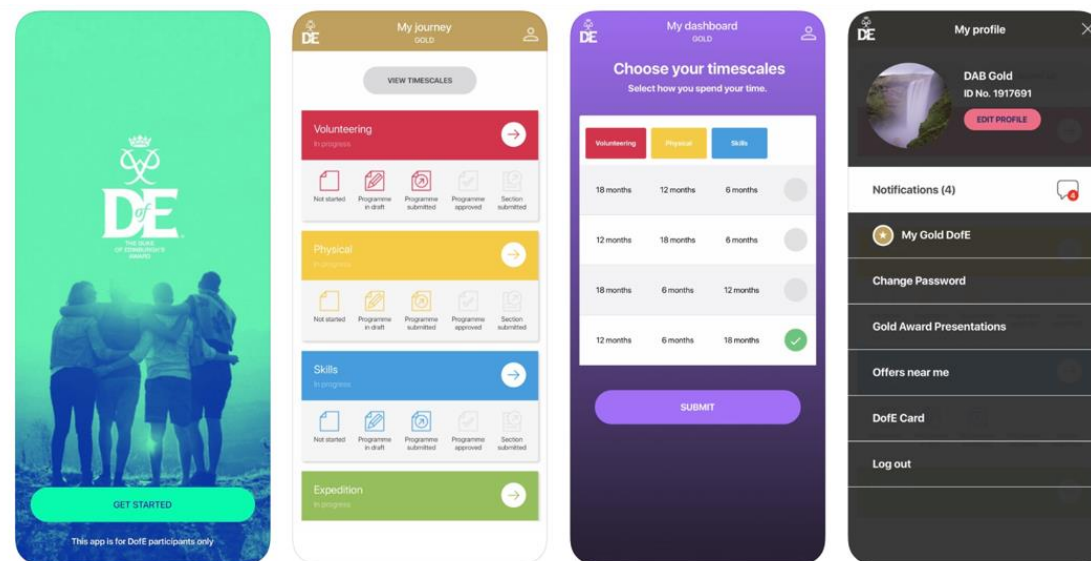
# eDofE and the Participant eDofE App

eDofE is our digital system where participants record their DofE programme and activities online, and get each section approved by a DofE Leader.

Participants can check their progress throughout their programme and submit evidence in a variety of formats.

Participants can sign into eDofE by clicking the 'eDofE login' button in the top right of any page of the website, or visit [edofe.org](https://edofe.org)

Access eDofE on the web or using the official smartphone app



# Welcome Pack

The DofE sends Welcome Packs directly to new participants' homes when they register their address on their eDofE profile.

The Welcome Packs include five main elements:

- Information for participants
- Information for parents and carers
- Participant's DofE Card
- Assessors' cards
- A guide to choosing expedition kit.

You can [download digital copies](https://www.dofe.org) of the contents of the packs on [dofe.org](https://www.dofe.org).



# DofE Rewards

## The DofE Discount Card






DofE participants receive a discount for being part of the DofE network.

It gives a discount at a number of fantastic retailers in-store and online.

Discover all DofE offers on our website [www.DofE.org](http://www.DofE.org)

## eDofE Mapping

The OS eDofE Mapping system is accessible via eDofE, allowing participants to create personalised maps.

|  |   |   |  |   |
|--|---|---|--|---|
| <br>GOoutdoors.co.uk<br><b>Extra 10%</b><br>off the GO Outdoors Discount Card price.<br>Inspiring everyone to get outdoors, for less... and love it as much as we do. | <br>Blacks.co.uk<br><b>15%</b><br>off the current selling price. Includes reduced price items.<br>Proud to be a part of your outdoor life. | <br>Millets.co.uk<br><b>15%</b><br>off the current selling price. Includes reduced price items.<br>The destination for family adventure. | <br>Ultimateoutdoors.com<br><b>15%</b><br>off the current selling price. Includes reduced price items.<br>The number one destination for all things outdoors. | <br>Tiso.com<br><b>15%</b><br>off the retail price.<br>Scotland's leading specialist retailer for outdoor clothing, camping equipment and climbing gear. |
|--|---|---|--|---|

**Always show your DofE Card or Voucher.  
You'll get the best savings and help support young people to do their DofE.**



# Assessor Reports

WHO & HOW



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# Assessor Reports – Who

An Assessor can be anyone who is interested in helping a participant complete a section and achieve their Award, has some knowledge about it (although they don't need to be an expert!) and is available over the time you're doing their activity.

They **cannot be a family member** (to maintain the integrity and value of your Award), but they could be:

- A family friend
- Your DofE Leader
- A DofE volunteer or helper who helps with the group (your DofE Leader can help put you in touch)
- A teacher/tutor from school
- Another youth leader, if they belong to a youth club, Scouts, Cadets etc.
- Must be over 18

# Assessor Reports – How

There are two ways to submit Assessor's Reports

1. The assessor can complete the sectional Assessor's Report Card, found in a participant's Welcome Pack.
2. Alternatively, an assessor report can be directly uploaded into the participant's online eDofE account via [DofE.org/assessor](https://DofE.org/assessor)

The assessor will need:

- The participant's eDofE ID number.
- The participant's Award level.
- The section they are assessing them for.

**DE** | ASSASSOR'S REPORT  
VOLUNTEERING

Participant: \_\_\_\_\_  
eDofE ID No: \_\_\_\_\_  
Level: **Bronze**

Description of activity: \_\_\_\_\_

Date started: \_\_\_/\_\_\_/\_\_\_ Completed: \_\_\_/\_\_\_/\_\_\_ (\_\_\_ months)

Goals set by participant: \_\_\_\_\_

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### Assessor's Report

Please ensure you are logged in to the participant's online eDofE account here.

All you need is the participant's eDofE ID number, their Award level (Bronze, Silver or Gold) and the section you are assessing them for (Volunteering, Physical, Skill, Expedition or Residential). Please ask the young person you have been supporting for these details. The young person must have entered their section details in eDofE before you can submit your report.

Your comments automatically go to the participant's DoE Leader for approval before being added to the participant's account. We ask for your email address and phone number to enable their DoE Leader to contact you should they wish to discuss your assessment with you and so we can send you a copy of the report you submit.

Thank you for supporting young people with their activities. Please read our [Privacy Statement](#) for information on how your personal information is secured.

Note: If you have a problem with the CAPTCHA code, please use a different device/network/browser and this should solve the issue. If not, please contact [edofe@DofE.org](mailto:edofe@DofE.org).

**What to include in your Assessor's Report**

- Download a **checklist** of the information an Award Verifier will look for when reading your report. Please try to include as much of this information as possible in your report.
- Please describe the achievements of the participant as they undertook this section. Say how they met their goals, what skill they have developed and mention any memorable things that they accomplished.
- Please include the start and end dates between which the young person undertook their activity.
- Expedition Assessors: Please include your assessor accreditation number and (if applicable) the team's expedition notification number in your report.
- Download a summary of what to include in your report, and some **example reports here**

Date: \_\_\_/\_\_\_/\_\_\_



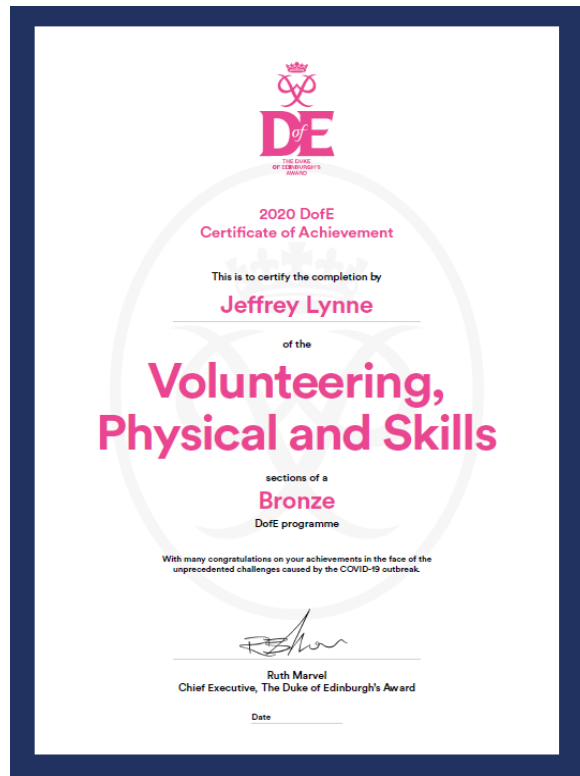
# What happens next?



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# On completion of their award....



## LifeZone

Our careers hub for participants and Award holders – helping you describe the huge variety of skills and experience you've gained from doing your DofE that will make you stand out to employers, colleges and universities and that you'll be able to use in the workplace.

## Gold Award Presentations

# FAQs

- The school/LO will enrol your son/daughter onto DofE via eDofE and they will receive an email with their log in details.
- Participants must complete an hour a week, if they miss a week, that's not a problem, just add it on at the end.
- Participants can change activity if needed.
- Assessors only need to add one report at the end of the time commitment.
- Evidence can be uploaded such as pictures/ blog/recipes etc each week.
- The same person can assess for each section if needed (Not a family member).
- All three sections can be run concurrently.





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# Thank you

<https://www.dofe.org/notice-boards/south-east/resources>

Head office

01753 727400

[info@dofe.org](mailto:info@dofe.org)

Gulliver House

Madeira Walk

Windsor

Berkshire

SL4 1EU

South East Regional Office

01753 727450

[Southeast@DofE.org](mailto:Southeast@DofE.org)

Gulliver House

Madeira Walk

Windsor

Berkshire

SL4 1EU

 @DofE

DofE.org

# The School programme



- Staff team of seven Group Leaders, plus pastoral support staff volunteers
- Eggar's Experience Bi-weekly DofE Club – Expedition planning and monitoring of progress towards Volunteering, Physical and Skills section
- Capacity for 42 students to complete Bronze expedition in 2023
- Programme support from Hampshire Outdoors (Local Authority)
- Two day-long walks, a practice expedition and an overnight Assessed expedition
  - Walks in November and March, Expeditions End of April – Mid June
- Enrolment for Silver award at the end of Year 10 – expedition early Year 11
  - Direct Entry an option
- Celebrations of achievement in Year group Rewards assemblies

# Next steps



- MSForm emailed out - parent sign up
- Dates of day walks / expedition provided (subject to change)
- Cost of registration pack added to ScoPay - £25.50
- Upon payment of registration eDofE on-line account set up by school
- Log in details sent to participants school email address
- Participant completes eDofE profile
- Welcome pack sent to home address when profile completed
- Welcome meeting after half-term – date TBC
- Students update eDofE account with details of activities

# How have Eggar's students been gaining their award?

- Baton twirling
- Dance
- Horse Riding
- Chess
- Spanish
- First Aid course
- Baking bread
- Oxfam Charity Shop
- Netball coach
- Circus skills
- Badminton
- Creative Arts – Sketching
- Primary school helper
- D&T – Building a Hamster cage
- Website design
- Animal Rescue Centre
- Swimming
- Cadets – Aircraft recognition
- Football
- Jewellery making
- Singing
- Hockey
- Kayaking
- Fabric printing
- Cycling
- Park Run volunteer
- Trampolining
- Mentoring

# Students added to Eggar's MS Teams channel (DofE Class of 25)

- Examples of how we have shared information for previous year groups

**Assessed expedition groups**

May 14th / 15th

Groups 1 and 2 will be met in Exton by Miss Riall and Mr Ellis

**Group 1**

See more

← Reply

**Aim of expedition**

As a group decide on something you'd like to achieve as you complete your expedition

You will write this on your route card in the morning. Hampshire Outdoors have given us some ideas of 'Aims' that groups in the past have set. \* Photograph wildlife. Record plant/tree species. Do an A-Z photo collection of your walk (e.g. P is for Pony). at each checkpoint decide on a song as a group that fits the location or part of the journey - create a playlist etc...

**Practice expedition - Sat 30th April**

Selborne to Eggar's

I hope that you are well and have had an enjoyable Easter break. I am sure that you are now looking forward to the practice expedition. As it stands currently the weather looks quite good for the day - sunny spells but a little cooler at 13 degrees Celsius, which will be nice for walking.

See more

**Expedition kit list**

**Practise expedition - Saturday April 29th**

Dear all, please find attached a copy of the DofE expedition kit list. If you have any questions about kit or might struggle sourcing a suitable back pack, please do come and let me know. Miss Balch (S7)

<https://www.dofe.org/shopping/expedition-kit/expedition-food/>

**Expedition kit list\_update January 23.pdf**  
DofE-Classof24 > General

**Meetings**

See more

**Drakard, Chantelle** 01/02 07:45

Resources from yesterday - we looked at our potential routes for 5th March day walk and started completing route cards. Would be preferable if you familiarised yourself with these. [DofE - Class of 23](#)

**Meeting PPT.pptx**  
DofE - Class of 23 > General

**ExpeditionRouteCardMasterForm.doc**  
DofE - Class of 23 > General

← Reply

02 February 2022

**Day walk March 5th**

**Consent forms**

Please ask your parents/guardians to complete both the consent form and medical form and return to reception by Thursday 3rd March.

**22.02.28 DofE Walk 05 March (PB).pdf**

**UK Educational Day Visit Consent Form (1).pdf**

← Reply

**Dates for the diary**

**Monday 14th February** - All students required for route planning meeting - 2:30pm - 3:30pm in S7.

**Saturday 5th March** - All students day walk. Location Frensham Pond. Letter will go out at the beginning of next week.

**Monday 7th March** - DofE Meeting in S7.

**Monday 4th April** - DofE Meeting in S7

See more

← Reply



navigation  
Silver celebration  
camping mind  
rain physical success  
resilience community  
Resourceful Bronze extra-curricular  
organise  
map waterproofs  
Persevere  
plan scenery expedition certificate  
mapwork fitness cooking tent  
skills sun Teamwork  
hiking eDofE  
friendship  
aim backpack  
confidence fun  
volunteering



# Thank you!

Paula Balch – Duke of Edinburgh Award Coordinator  
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