



MFL House Competition



Entry Form



for



Name: _____ Tutor Group: _____

House (please circle): **Monty** / **Austen** / **Spenser**

Place/country represented: (must be linked to Europe and/or languages)

Ingredients: We request that all items are nut free. Please list everything that goes into your home cooking, including nut products (e.g. marzipan) if used.

*Cereals containing gluten:

† Name of nut(s)/ nut products:

If you have specifically cooked food that is gluten and/or dairy free, please clearly state this along with the ingredient used e.g. Gluten Free Flour or Block Stork (dairy free). Please also turn over and complete the allergen(s) tick box table.














Drop your cake off in the **gym** before tutor time on
Monday 26th September.

Cakes will be judged and then sold at break/lunch to raise money for charity. Every entry earns house points and there are also prizes to be won.

Good luck!

Please tick the box(es) for the allergen(s) present in your cooking.

Made in an area where nuts were present: YES / NO

Tick below if ANY of these allergens are present in your baking/cooking.	Celery 	Cereals (with gluten*) 	Crustaceans 	Eggs 	Fish 	Lupin 	Milk 	Mollusc 	Mustard 	Nuts† 	Peanuts 	Sesame seeds 	Soya 	Sulphur Dioxide 