

Eggar's School

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Dear Parent/Guardian

Covid LFT home testing twice weekly commencing Monday 22 March

From Monday 22 March students will move to twice weekly, rapid COVID-19 testing at home. This follows their first three supervised tests at school.

Up to 1 in 3 people who have COVID-19 have no symptoms and could be spreading it without knowing. Getting into a regular habit of testing twice a week will help stop the virus spreading, keeping your family and friends safer.

Please ensure your child tests themselves **twice weekly 3-5 days apart**, in the morning before school if possible and, if not, the evening before. Your child should also continue testing twice a week, at home, during the **Easter school holiday**. We will send home extra kits to cover this before term ends. Your child has learnt how to self-swab at School; however, Government guidance is that students under 18 should self-test with adult supervision. Any student undertaking home tests must do so as stated above. Please see the video link below to support the full administration of this test https://www.youtube.com/watch?app=desktop&v=S9XR8RZxKNo&feature=youtu.be

LFT home testing does not replace testing for those with symptoms. If you have symptoms you must self-isolate immediately, book a PCR test and follow national guidelines.

Reporting results

It is really important that results are reported online straight away, even if the result is negative or void, at www.gov.uk/report-covid19-result. Results can also be reported by calling 119 (free from mobiles and landlines). Lines are open every day from 07:00-23:00. It is also important to share your child's results with the school. You can do this by completing the form and following the link here: https://forms.office.com/r/CY9UACChws

If anyone tests positive on a home testing kit, they and their household should self-isolate immediately and book a PCR test to confirm if they have Covid-19. If the PCR test returns positive, or if any individual has any coronavirus symptoms, they should:

- self-isolate immediately
- follow the stay-at-home guidance for households with possible coronavirus infection.

Please note: As of 15 March 2021, we have received official government policy from DfE (England) that, irrespective of whether your child's confirmatory PCR returns negative, all members of your household should continue to self-isolate in line with NHS Test and Trace guidance for 10 days. If this policy changes we will, of course, let you know.

Testing for parents, households and bubbles twice a week

A reminder that regular rapid testing is now also available for parents, their households or childcare bubbles. The government encourages all families to participate in twice weekly testing to help stop the spread. Parents and other adults in the household can access tests by:

- Ordering tests online www.gov.uk/order-school-household-tests
- Getting an assisted test at work if available.
- Attending a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home

We continue to encourage everyone to take part in regular Covid-19 testing.

Yours sincerely

Janice Finnimore Health & Safety Lead





