

# Local Covid-19 Support

Here is a reminder of what local support is available to assist residents in and around Alton...

**Hampshire Coronavirus Support and Helpline - 0333 370 4000** (Mon-Fri 9am-5pm, Weekends 10am-3pm) Information, advice, and support for vulnerable people, including those who have been shielding. If you are struggling to get the food, medicine, or essential supplies you need for yourself or for your family, call the helpline. More information, advice and support for Hampshire residents and businesses is available online at: [www.hants.gov.uk/socialcareandhealth/coronavirus](http://www.hants.gov.uk/socialcareandhealth/coronavirus)

**Alton Community Care - 01420 541520** (Mon-Fri 9am-4pm)

A local charity providing transport for medical appointments and vaccinations. Bookings can only be made by telephone. ACC does not charge a fare but invites a voluntary donation to cover driver costs. Within Alton £3 is recommended, for Basingstoke and Chineham it is £15. ACC is short of drivers due to the Covid-19 crisis and may not be able to accept every booking, please only use this service if you have no other means of getting to your appointment. Website: [www.altoncare.org.uk](http://www.altoncare.org.uk)

**Alton Mutual Aid - Freephone: 0800 066 3697** (Mon, Wed, Fri 10am-12pm) or email: [altonmutualaid@protonmail.com](mailto:altonmutualaid@protonmail.com)

Offering support for anyone who is vulnerable or having to isolate due to Covid-19. Run by a team of local volunteers offering free support with shopping, food vouchers, collecting/delivering prescriptions, delivering post or simply a friendly voice to talk to.

**Citizens Advice East Hampshire - Freephone 0808 278 7901** or email: [digital@caeasthants.org.uk](mailto:digital@caeasthants.org.uk)

Providing free, confidential, and impartial advice for money, benefit, housing, or employment problems. They can also issue Food Bank vouchers and help with fuel costs. For information and the online chat service visit: [www.citizensadvice.org.uk/east-hampshireCitizens](http://www.citizensadvice.org.uk/east-hampshireCitizens)

**Alton Food Bank - 07773 034 447, email: [info@alton.foodbank.org.uk](mailto:info@alton.foodbank.org.uk)**

Alton foodbank can help those in need in Alton and surrounding villages. The foodbank can support you with a supply of food and can also help with household goods, toiletries, nappies, and pet food. Local agencies who can issue food voucher referrals include: Citizens Advice, schools, housing support officers, children's centres, health visitors, social services. [www.alton.foodbank.org.uk](http://www.alton.foodbank.org.uk)

**Community Cupboards -**

Giving away surplus food - Always Free! No referrals needed, no questions asked.

To organise a collection please email your local group:

**Alton** - [altoncommunitycupboard@gmail.com](mailto:altoncommunitycupboard@gmail.com)

**Four Marks & Medstead** - [fourmarkscommunitycupboard@gmail.com](mailto:fourmarkscommunitycupboard@gmail.com)

**The Alton & District Community Resilience Fund (ADCRF) -**

Providing support and assistance to local residents and groups who find themselves in exceptional circumstances and need help. The ADCRF panel has authority to approve funding applications for goods and services up to a value of £500 from individuals and families as well as local community groups, charities, and organisations. For more information visit [www.alton.gov.uk](http://www.alton.gov.uk)



This was compiled by Alton Town Council, for more information about other support services available please go to [www.alton.gov.uk](http://www.alton.gov.uk) and click on the Community Resource Hub.

