

| Year 7 | | | | | |
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| Autumn 1 | Autumn2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Introduction & Health and Wellbeing Resilient students Keeping bodies healthy Mental Health - depression Puberty – What happens/when (including periods) Smoking/drug use/energy drinks | Christianity Creation Incarnation Crucifixion Parables Worship Prayer | Relationships Bullying/Cyber bullying Love Positive relationships Family relationships Personal identity Radicalisation | Buddhism Founding beliefs including: Meditation Eightfold path 4 Noble truths Universal truths | Living in the Wider World Financial plans Loans/Interests Budgeting Needs v Wants Prejudice & discrimination Social media Self esteem | The Island Birth rites Growing up rites of passage Marriage Community |

| Year 8 | | | | | |
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| Autumn 1 | Autumn2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Health & Wellbeing Emotional literacy Cancer awareness Personal safety & first aid Self confidence Teen pregnancy & parenting Mindfulness Vaping/nicotine | Inspirational People Nelson Mandela Malala MLK Personal inspirational people. | Living in the Wider World Career focus Tax & National Insurance Caring for the environment Internet safety – online grooming Personal statements | Islam Foundations Life of the prophet Qur'an 5 pillars: Shahada Salah Swam Zakat Hajj Islamophobia | Relationships Prejudice – Disability, religion, race, sexuality Body image – male focus Domestic conflict Radicalisation | Relationships Safe sex: Sexting & image sharing Consent Contraception STI's Dangers of pornography |

| Year 9 | | | | | |
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| Autumn 1 | Autumn2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| <i>Living in the Wider World</i> Knife crime Young offenders Antisocial behaviour County lines Human rights Workplace & employability | <i>Holocaust</i> Pre-War Europe Law changes Education Ghetto's Propaganda Concentration camp Surviving survival | <i>Relationships</i> Body Image & media Body Image – girls focus Eating disorders Abusive relationships Child sexual exploitation Immigration LGBT Peer pressure | <i>Health and Wellbeing</i> Alcohol awareness Discrimination & the Equality Act Drugs & the law Coping with stress Growth mindset Mental Health – managing anxiety Why do people self-harm Selfie obsession Acid attacks | <i>Crime & Punishment</i> What is crime Aims of punishment Prisons Capital punishment Types of crime | <i>Health & Wellbeing</i> Gambling & online gaming Digital footprints Identity and diversity First aid Reproductive health |

| Year 10 | | | | | |
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| Autumn 1 | Autumn2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| <i>Relationships</i> Conflict Management FGM Harassment/stalking Revenge porn Gender & trans identity Same sex relationships Sexism & gender prejudice | <i>Relationships</i> Consent & sexual abuse Safe sex & chem sex Relationship break ups Types of relationship Happiness and positivity Body shaming | <i>Living in the Wider World</i> Fake news Anti-social behaviour Extremism Overt/cover Racism Careers – Preparing for work experience Rights in the workplace CV's | <i>Life and Death</i> Quality of life Views on life after death (religious and non-religious) Sanctity of life Euthanasia Abortion Suicide Managing grief | <i>Medical Ethics</i> Organ donation Genetic engineering Saviour siblings Fertility and Reproductive health Infertility treatments STEM career | <i>Healthy Living</i> Living sustainably Managing social anxiety Managing time effectively Importance of sleep Binge drinking Homelessness Hate crime Screen time |